

The First Religious Society in Carlisle
Unitarian Universalist
On Being Reliable

November 5, 2017 Order of Service, 10:00 am

*Asterisks indicate that the congregation will stand as able in body or in spirit

Prelude O God Our Help in Ages Past Hymn tune *St. Anne*, arr. by David Peninger
The FRS Handbell Ringers

Lighting of the Candles

Welcome and Opening Remarks The Reverend Lisa Mobayed

***Hymn No. 347** **Gather the Spirit**

***Chalice Lighting** (spoken in unison) Linda Myers-Tierney and Steve Tierney
May the light of this flame illuminate lives and strivings of the spirit.
May it heal misunderstandings and strengthen love.

***Covenant of the Congregation** (spoken in unison)
Love is the doctrine of this church;
The quest for truth is our sacrament;
And service is our prayer.
To dwell together in peace;
To seek knowledge in freedom;
To serve humanity in friendship;
To the end that all souls shall grow into harmony with the Divine--
Thus do we covenant with each other and with God.

Story Dan Ryan & Rev. Mobayed
Blue Wagon Collection House of Hope Stocking Stuffers Lauree Eckler
Children's Recessional

Go your way in peace; wander as you may.
Blessed is the path you take, may love guide you on your way.
Comfort find in truth; may your struggles cease.
*May the fire within your heart light the way of peace.**

*Music & lyrics by Jim Scott, adapted from Mozart. ©2005 Jim Scott (SESAC)

Candles of Community Rev. Mobayed
A time to share the prayer on your heart

Prayer by Howard Thurman, adapted

Choral Response A Noble Life Hymn tune *Epsom*; words by A. S. Isaacs

Offering: Shared today with (see announcements for more information)

Offertory Anthem One Small World by Lucy Holstedt

***Doxology No. 402** From you I receive to you I give,
together we share, and from this, we live

Reading *A Poetry Handbook*, excerpt by Mary Oliver

***Hymn No. 1059 (teal book)** **May Your Life Be As a Song**

Sermon On Being Reliable Rev. Mobayed

Silent Meditation

***Hymn No. 86** **Blessed Spirit of My Life**

***Benediction** Maya Angelou, adapted

Choral Response In All Our Quietness Hymn tune *Ellers*, arr. by Marguerite Shaw

Chalice Extinguishing (spoken in unison)
Carry the flame of peace and love until we meet again.

Postlude Handel's Allegro (from "Water Music") G. F. Handel, arr. by Michael R. Keller
The FRS Handbell Ringers

Greeter: Eva Herndon
Verger: Christine Lear
Coffee Hour comestibles: Congregants with last names K-P

Accessibility: The elevator to all three floors of the building is located in the hallway through the door next to the pulpit. Personal hearing devices are available on tables at the back of the Sanctuary.

Staff and Committee Contacts

Parish Cmte Co-Chairs: Eric Darling, edarling@carlisletaxcredits.com,
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Parish Cmte Members: Mary Hult, Rick MacDonald, Margot Morse,
Lisa Sama, Molly Sorrows

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Greeter: Eva Herndon, Frank Rigg, Karen Dunkers, Tom
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Membership: Tom Rourk, 978-369-5366, tfrpiano@comcast.net

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Share the Plate team: Stephanie Hackbarth, Barbara Ritz, Muggsie Rocco

Minister: Rev. Lisa Mobayed, 978-369-0284 lmobayed@uucarlisle.org

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Minister Emeritus: Dr. Eugene Widrick, 978-663-0568, WOODTRU@aol.com

The First Religious Society in Carlisle Unitarian Universalist

On Being Reliable
November 5, 2017



A Welcoming Congregation

Today in Religious Education

Littles (1yr-4yrs) with Bella Eckler. With adult, Abby Zimmerman
K-Ones (K-1st Grades)- with Carly Neale Paris, Brianna Neptune and adult, Alex Chen. Block Builders Day
Middles (2nd-5th Grades)- Holly West, Rachel Bryan and adults, Judy Bose & Amy Smack - Stone Soup
JYG - (6,7,8th Grades)- with teen leaders: Jasmine Neale Paris and Katie Baum, with adults, Sarah Napier and Kristina Beckley - Preparing to lead the Elf Workshop
NYG - (7th-12th Grades) - 6-7pm Teen Cook, 7-8:30 - Texas Hold'em Night, 8:30-9 Dark Silence. Adults: Michael Dundorf, Linda Meyers-Tierney and Caroline Wolossow

Calendar of Events

Sunday, November 5	9:15-9:45am	Choir Rehearsal
		Nursery is open after the Story
	10:00am	Service
	11:00am	Coffee Hour
	11:30am	Finance Committee, Widrick Room
Monday, November 6	7:30pm	Environmental Action Committee
Saturday, November 11	8am-5pm	Worship Arts Committee, Sanctuary
	9am	Gingerbread dough making, kitchen

Upcoming Services

November 12th: Relying on Each Other
November 19th: Relying on the Earth
November 22nd: Ecumenical Thanksgiving Service (Thanksgiving Eve)
November 26: Finding Gratitude

Announcements

It's time for the Greens Sale! A message from Janice Kissinger.

I am hoping everyone will help in some way with our biggest annual fundraiser of the year. Important dates and times are as follows:

Saturday, November 11, Gingerbread dough making 9AM
Decorating the Sanctuary, Sunday, Nov.19 11:15 AM. Join in the fun as we put up the beautiful Holiday Decorations.

Union Hall workshop dates

Boxwood Trees: Saturday, November 18 at 9:30 AM.
Arrangements: Wednesday November 29 at 9:00 AM.
Wreaths: Thursday November 30 at 9:00 AM.
Set up on Friday December 1 at 8:30 AM.
Holiday Greens Sale, Saturday December 2, 10AM-2PM

Sunday, November 12, 11am-2pm

Annual FRS Visit to Common Cathedral: Volunteers Needed to Visit and A Few More Food Items Are Still Needed

Thanks to those who signed up to visit Common Cathedral or to make food for the visit. We still have room for 10 more adult and youth volunteers and we especially hope families with children and youth will attend. We have plenty of drivers and room in the carpools. Please Sign up to Volunteer to go: We leave FRS in carpools at 11:00; return around 3:00. Please Sign up to provide food: We still need a "loaf" of tuna sandwiches. And we need two more people to bring soft fruit (bananas, clementines, grapes, raisins etc).

Please deliver all items to the entrance of FRS at 9:45 so cars can be loaded before service.

Also please save any leftover Halloween candy; the congregants love it every year. This is a huge undertaking for our congregation! Many, many thanks!

A Community Thanksgiving Dinner

Once again this year the First Religious Society will be hosting a Community Thanksgiving Feast on Thanksgiving Day (Thursday, November 23) IN Union Hall. This has become a beloved tradition here at FRS, and past years have been memorable experiences for all who attended, including families as well as couples and empty nesters, and those who want to escape the travel chaos of the day. More especially though, this is a chance to be part of a true community feast, like that first Thanksgiving long ago. Attendees will be invited to take part by bringing a favorite dish to share at the table, and we will provide and prepare the turkeys, stuffing, and gravy in the church kitchen. We already have people signed up, both adults and children, and have lots of room for more. What a great way to spend Thanksgiving, just like in the distant past, as a shared community dinner with a promise of great food, friends and maybe a bit of music and games! We hope to open the doors at

noon, with dinner seating at 2pm. If the weather cooperates, a good brisk walk together after dinner will be in order. Interested? For more details, or to sign up, please phone Tom Rourk at 978 369 5366, or tfrpiano@comcast.net

Community Events

Weekly Dance Classes Offered in Carlisle

Please join Nicole Churchill of Samadhi Integral (and FRS) and members of your community for weekly dance classes featuring the movement form Kosmic Pulse. Available to all seekers who have a passion for music, movement, expression, health, mindfulness, community and FUN! No prior experience is needed; this is an opportunity to come together as a community to celebrate life and feel gratitude in our bodies and collective minds through dance and self expression. Wednesday & Friday Mornings November 8 - December 22 from 9:00am-10:00am Go to samadhiintegral.com to register.

Next week there will be a Traffic Advisory Committee meeting on Tuesday 11/6 at 2:30PM on the 2nd floor of town hall.

Any and all townspeople can attend. Children are welcome and their voices should be heard - they are the most vulnerable when crossing the street. They are currently under the false belief that the crosswalks are safe, when in reality they are absolutely more dangerous than jaywalking.

If you have experienced problems as a walker or biker in any of the town crosswalks (i.e. cars are not stopping) please attend this meeting. If you have feedback on the crosswalks or experiences to share and you can not attend please email me your comments and I will share them at the meeting - AbigailTZimmerman@gmail.com

This is a major safety issue. Parents have taken videos of cars flying past crosswalks while their children stand patiently waiting at the side of the road. Cars have crashed into one another at crosswalks when the first car has yielded for a pedestrian and the following car has ignored the brake lights and smashed into the first --- pushing the first car INTO THE CROSSWALK.

The current signage is woefully inadequate, especially compared to other neighboring town centers (Bedford, Chelmsford, Lexington, Concord to name a few).

Changes need to be made and we need a critical mass to help. Please come next Tuesday! Thank you,
Abby Zimmerman

About the Music

This morning we welcome the FRS Handbell Ringers who will play our prelude and postlude.

The **Prelude** is a set of variations on the hymn tune *St. Anne* by David Peninger. This hymn tune, most often associated with the Psalm 90 text "O God Our Help in Ages Past" is by the 17th century English composer William Croft. Peninger begins the work with a straightforward statement of the theme and continues with three variations that use the effects of bell tremolos, varied meters, and bell peals.

Hymn 347, *Gather the Spirit*, is by Jim Scott. Jim has made it his business to create and perform music that celebrates peace, justice, and the earth. He visited our church in the 1990s, and again in 2014, speaking, singing and playing guitar for almost the entire morning service. He lives in Shrewsbury, MA and is an active member of the Unitarian Universalist Musicians Network (UUMN).

The lyrics and music of the choir **Anthem**, *One Small World*, were written by Somerville-based musician Lucy Holstedt. Lucy is a professor at Berklee College of Music, where she produces an annual concert featuring women composers. Her background includes theater, choral and cabaret writing and performing. Lucy's songs have been performed at many UU churches, including FRS. This anthem is one of a number of her compositions she has recently gifted to FRS in honor of her friend and colleague Marguerite Shaw.

Hymn 86, *Blessed Spirit of My Life*, is by Shelley Jackson Denham (b. 1950), the former director of extension and worship at the Mountain, a UU Camp and Conference Center in Highlands, North Carolina. The text is written as a prayer.

Hymn 1059, *May Your Life Be As a Song* is an arrangement of a Russian folk song by Jim Scott. The verses are original and the composer likes to end concerts with this song and include the audience in the refrain and in a round.

The handbell **Postlude** is an excerpt from one of George Frideric Handel's most well-known instrumental works, *Water Music*. This piece, comprising three suites, premiered on 17 July 1717, in response to King George I's request for a concert on the River Thames and was originally performed by an orchestra of 50 musicians. Since its premiere, numerous arrangements of this work have been composed. The one heard this morning is of the Hornpipe from the second suite by Michael R. Keller. He has published more than two hundred compositions and arrangements and has authored six published books on conducting and handbell ringing. He is currently the Director of Music and Fine Arts at Timonium United Methodist Church in Timonium, MD. There, he directs its music and drama programs and Vivace!, a community youth handbell choir.

Notes for *About the Music* are from internet sources and from *Between the Lines*, a UUA publication.