

## The First Religious Society in Carlisle

### Unitarian Universalist

## Yom Kippur: What Does Fasting Reveal?

October 1, 2017 Order of Service, 10:00 am

\*Asterisks indicate that the congregation will stand as able in body or in spirit

**Choral Prelude** Ose Shalom by John Leavitt

### Lighting of the Candles

**Welcome and Opening Remarks** The Reverend Lisa Mobayed

\***Hymn No. 1074 (teal book) Turn the World Around**

\***Chalice Lighting** (spoken in unison) Jeannie Geneczko and Stephanie Hackbarth

*May the light of this flame illuminate lives and strivings of the spirit.  
May it heal misunderstandings and strengthen love.*

\***Covenant of the Congregation** (spoken in unison)

*Love is the doctrine of this church;  
The quest for truth is our sacrament;  
And service is our prayer.  
To dwell together in peace;  
To seek knowledge in freedom;  
To serve humanity in friendship;  
To the end that all souls shall grow into harmony with the Divine--  
Thus do we covenant with each other and with God.*

**Story** Pam Howell, Director of Religious Education

### Children's Recessional

*Go your way in peace; wander as you may.  
Blessed is the path you take, may love guide you on your way.  
Comfort find in truth; may your struggles cease.  
May the fire within your heart light the way of peace.\**

\*Music & lyrics by Jim Scott, adapted from Mozart. ©2005 Jim Scott (SESAC)

**Candles of Community** Rev. Mobayed  
A time to share the prayer on your heart

**Prayer** by Anita Barrows, adapted

**Choral Response** *Here, In the Silence* by F. F. Fleming

**Offering: Shared today with Americares Hurricane Relief Fund for Puerto Rico**  
(see announcements for more information)

**Offertory Duet** The Rainbow by Benjamin Britten

\***Doxology No. 403**  
Spirit of truth, of life, of power, we bring ourselves as gifts to thee:  
O, bind our hearts this sacred hour in faith and hope and charity.

**Reading** The Fireman by Rick Bass

\***Hymn No. 1011 (teal book) Return Again**

**Sermon** Yom Kippur: What Does Fasting Reveal? Rev. Mobayed

### Silent Meditation

\***Hymn No. 1028 (teal book) The Fire of Commitment**

\***Benediction** by Rumi

**Choral Response** *Shalom* by Tom Benjamin

**Chalice Extinguishing** (spoken in unison)  
*Carry the flame of peace and love until we meet again.*

**Postlude** Largo, from *Fünf Festpräludien*, op. 37 by Louis Lewandowski

Greeter: Frank Rigg  
Verger: Christine Lear  
Coffee Hour comestibles: Congregants with last names L-P

**Accessibility:** The elevator to all three floors of the building is located in the hallway through the door next to the pulpit. Personal hearing devices are available on tables at the back of the Sanctuary.

#### Staff and Committee Contacts

Parish Cmte co-chairs:	Eric Darling, edarling@carlisletaxcredits.com Jackie Schaefer, jackie.schaefer@comcast.net
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## The First Religious Society in Carlisle Unitarian Universalist

***Yom Kippur: What Does Fasting Reveal?***  
**October 1, 2017**



**A Welcoming Congregation**

### Today in Religious Education

Little's (1yr-4yrs) with Holly West, Rachel Bryan and Bella Eckler. With adult, Caroline Wolossow  
K-Ones (K-1st Grades)- with Carly Neale Paris, Brianna Neptune and Bridget Neale Paris - K/1 Builders  
Middle's (2nd-5th Grades)- with Judy Bose, Pam and Susie Shaw & Cady Audette - Children's Chapel and Choir. - What should we let go of - Yom Kippur  
JYG - (6,7,8th Grades) - with teen leaders: Jasmine Neale Paris and Katie Baum, with adult, Amy Smack - Trip to Clark Farm for the Haunted Barnyard planning.  
NYG (Night Youth Group) - 6-7 Teen Cook (Tacos), 7-8:30 Scary Story Night, 8:45-9pm Peaceful Silence - with Pam & Mark Howell, Linda Myers -Tierney and Ann Quenin

### Save these Dates:

October 22 - Crop Walk from 1:30-3pm. Come join the JYG as they walk to end hunger.  
October 29 - Halloween Sunday - Costumes in the morning, Children's Choir will sing, Spooky Snacks for Coffee Hour and a Haunted Barnyard in the evening at Clark Farm from 4:30-6pm. Boo!  
November 12 - Common Cathedral -The children and teens will be bringing soup to feed the homeless in Boston, 11:15am-2pm.

### Calendar of Events

Sunday October 1, 2017	9:15-9:45am	Choir Rehearsal
		Little's RE is open after the Story in service
	10:00am	Service
	11:00am	Coffee Hour
Monday, October 2	7:30pm	Environmental Action Cmte meeting
Thursday, October 5	noon	Chelmsford Crossing lunch, Union Hall
Saturday, October 7	7:30-9:30am	Men's Breakfast, Union Hall

### Upcoming Services

October 8th - What does the journey reveal?  
October 15th- What is revealed when the leaves fall?  
October 22nd- What do saints reveal?  
October 29th- All Souls Day: What is revealed when the veil is thinnest?

### Announcements

**We share the plate today with Americares Hurricane Relief Fund for Puerto Rico.** For every \$10 donated, Americare provides \$200 in medicine and medical supplies – all desperately needed by our Puerto Rican fellow Americans. Americare's response team on the ground in Puerto Rico has already hand carried \$60,000 worth of antibiotics and medical supplies, some of which were delivered to a children's hospital. After the immediate disaster is over, Americare stays in country for months and even years, rebuilding hospitals and clinics and addressing targeted health needs of the community, helping to restore health care access. Americares gets the highest rating from Charity Navigator - more than 97% of donations to Americares goes directly to those in need.

**A message from the Finance Committee:** Now, when you use Amazon to order something, Amazon will contribute 0.5 percent of what you pay to the FRS. All you have to do is use the website smile.amazon.com to place your order. The first time you call up this website, it will ask you to specify your charity. Just type in "First Religious Society" or whichever charity you wish to support. You only have to do this the first time. It will remember. Just place your orders in the usual manner. Amazon will automatically make the contribution. It costs you nothing. The charity benefits.

The **Pastoral Concerns Committee** offers support to church members and their families during times of personal stress or crisis -- illness, surgery, new baby, bereavement, family emergency, etc. One way we do this is by providing meals, rides, and errands. **Would you be willing to join our "Ask" List?** If so, then when a need arises, you'll receive an email asking if you can sign up to drop off a meal, give someone a ride, or do an errand. Situations arise only sporadically throughout the church year and are generally infrequent, but by their very definition often require a quick turnaround. If you are willing to be on the list of people we ask for help, please email Nancy West at NancySWest@gmail.com or call 978-399-4691. If we ask at an inconvenient time, you should always feel free to turn us down, but the more people we have on our Ask List, the better!

**Tuesday Night Talks, 10/3 - 7:30-8:30pm** - Red Balloon-Open Discussion with Pam and Rev. Lisa on the book *The Spiritual Child*, by Lisa Miller. We will focus on the

chapter "Built for Spirituality". Come, even if you haven't read the book. The topic itself is worth exploring.

**Help needed:** Our next FRS hosting of the COA lunch prepared by Chelmsford Crossing is scheduled for **Thursday, October 5th**. This is the first of four lunches we are scheduled to host this school year. We host this lunch in Union Hall. If you would be willing to help out, please contact Fontaine Richardson at 617 633 2421 or fkr@fontainerichardson.com . We ask helpers to show up by 11:15 AM. We will set up the tables, table cloths and place settings. The food usually arrives at 11:50 or so and we start serving at noon. We try to finish as expeditiously as we can, without being rude to our guests. We have a good time and get a lot accomplished in a short period of time.

The menu for lunch is: knockwurst and sauerkraut and an unspecified dessert. On October 5th, there is a program: Karen Halloran, Community Liaison for CareOne in Concord, is going to help us exercise our minds with her "Name that Rule" program. After lunch, join Karen by guessing the name of various songs, and their artist. Also, our next lunch is on Thursday, November 2nd, so if you can't help out in October there is always November! All help is gratefully accepted.

### Community Events

#### Union Hall Contradance Schedule:

There will be no Friday night Carlisle Dance in October this year. Friday dances (contras and squares) will resume on November 10, and continue on the second Friday of each month after that. Looking forward to another season of dancing and fellowship.

The Reclaim Our Democracy group at First Parish in Concord is inviting members of our congregation to attend the following event:

#### Peter Mayer "Blue Boat Home" Concert

**Saturday, October 28 at 7:30 p.m.**

**First Parish in Concord, 20 Lexington Road, Concord, MA**

Well known UU singer/songwriter Peter Mayer, author of the very popular hymn "Blue Boat Home", will be performing in concert. Tickets are \$20 and are available at [firstparish.org/peter-mayer-concert](http://firstparish.org/peter-mayer-concert).

### About the Music

The Choral **Prelude**, *Ose Shalom*, is a setting of a text from the Jewish Liturgy. Its English translation is: "May He who makes peace in the heavens, grant peace to us and to all our people; and let us say Amen." Composer John Leavitt currently is Director of Choral Activities and Professor of Music at MidAmerica Nazarene University in Olathe, Kansas. Dr. Leavitt's compositions are regularly featured on public radio stations and have been performed in more than 30 countries.

**Hymn 1075**, *Turn the World Around*, is an arrangement of the classic Harry Belafonte tune, first performed when he appeared as the guest host of the Muppet Show in 1977. As the song was being introduced on the show, Belafonte was asked where he gets his ideas for his songs, "Well, they don't come easily, you have to get inspired. Like the song we're going to do next; I discovered that song in Africa. I was in a country called Guinea; I went deep into the interior of the country and in a little village, I met with a storyteller. And that storyteller went way back into African tradition and African mythology and began to tell the story about the fire, which means the sun, and about the water and about the earth and that he pointed out that all these things put together turn the world around. And that all of us are here for a very, very short time and in that time when we're here, there really isn't any difference in any of us if we take time out to understand each other. And the question is, do I know who you are, do you know who I am, and we care about each other? Cause if we do, together, we can turn the world around."

The vocal duet at **Offertory**, *The Rainbow*, is by one of the most well-known and influential British composers of the 20th century, Benjamin Britten (1913-1976). Britten's distinctive musical language eschewed obscure modernity in favor of accessibility, and his works have enjoyed great popularity to this day. *The Rainbow* is from a set of three "Two-Part Songs" he composed at age 18 while a student at the Royal College of Music. The text is a setting of a poem for children by Walter de la Mare. Britten's writing is beautifully ethereal, with an evocative *a cappella* section in which the voices are in canon.

**Hymn 1011**, *Return Again*, is by the late Rabbi Shalom Carlebach (1925-1994). He was a religious teacher, composer, and singer who was known as "The Singing Rabbi" during his lifetime. Carlebach is considered by many to be the foremost Jewish religious songwriter of the 20th century. He was also considered a pioneer of the Baal teshuva movement ("returnees to Judaism"), encouraging disenfranchised Jewish youth to re-embrace their heritage, using his special style of enlightened teaching, and his melodies, songs, and highly inspiring storytelling.

The organ **Postlude** is by the Polish composer Louis Lewandowski (1821-1894). He contributed greatly to the liturgical music of the Synagogue Service. His most well-known works were composed during his tenure as musical director at the New Synagogue in Berlin and his melodies form a substantial part of synagogue services around the world today. He was the first Jew to be admitted to the composition school of the Berlin Academy.

Notes for *About the Music* are from internet sources and from *Between the Lines*, a UUA publication.